

# **GYM RULES**

- **GYM IS OPEN EVERY DAY FROM 05:00 AM TO 10:00 PM.  
MON-WED-FRI GYM IS CLOSED FROM 09:30 AM TO 10:45 AM BECAUSE  
OF CLEANING.**
- **GYM IS CLOSED TO OTHER USERS DURING THE BOOKED SHIFT OF THE  
GYM. YOU CAN FIND THE BOOKED SHIFT ON THE MUNICIPALITY'S  
WEBSITE AND ON THE WALL OF THE GYM.**
- **KEEP THE SPACE CLEAN AND TAKE THE EQUIPMENT AND WEIGHTS  
BACK TO THE RACKS. WIPE EQUIPMENT AFTER USE.**
- **GIVE OTHER GYM USERS PEACE TO TRAIN.**
- **GIVE SPACE TO OTHERS WHEN YOU HAVE A BREAK.**
- **IF YOU USE MAGNESIUM AT THE GYM, CLEAN UP THE PLACE AFTER  
USE.**
- **CHILDREN UNDER 15 YEARS OLD WITH THE GUARDIAN.**

**THANK YOU!**

**LET'S KEEP THE GYM CLEAN AND SAFE TOGETHER.  
NICE TRAINING MOMENTS!**

