

GYM RULES

- GYM IS OPEN EVERY DAY FROM 05:00 AM TO 10:00 PM. MON-FRI GYM IS CLOSED FROM 11:30 AM TO 1:00 PM FROM CLEANING
- GYM IS CLOSED TO OTHER USERS DURING THE BOOKED SHIFT OF THE GYM. YOU CAN FIND THE BOOKED SHIFT ON THE MUNICIPALITY'S WEBSITE AND ON THE WALL OF THE GYM
- KEEP THE SPACE CLEAN AND TAKE THE EQUIPMENT AND WEIGHTS BACK TO THE RACKS
- WIPE EQUIPMENT AFTER USE
- GIVE OTHER GYM USER PEACE TO TRAIN
- GIVE SPACE TO OTHERS WHEN YOU HAVE A BREAK
- THE PLACE FOR THE KETTLE BALL IS ON THE RUNNING LINE, RETURN THEM BACK THE RUNNING LINE AFTER USE
- IF YOU USE MAGNESIUM AT THE GYM, CLEAN UP THE PLACE AFTER USE
- CHILDREN UNDER 15 YEARS OLD WITH THE GUARDIAN

THANK YOU 😊

LET'S KEEP THE GYM TOGETHER CLEAN AND SAFE.
NICE TRAINING MOMENTS!

